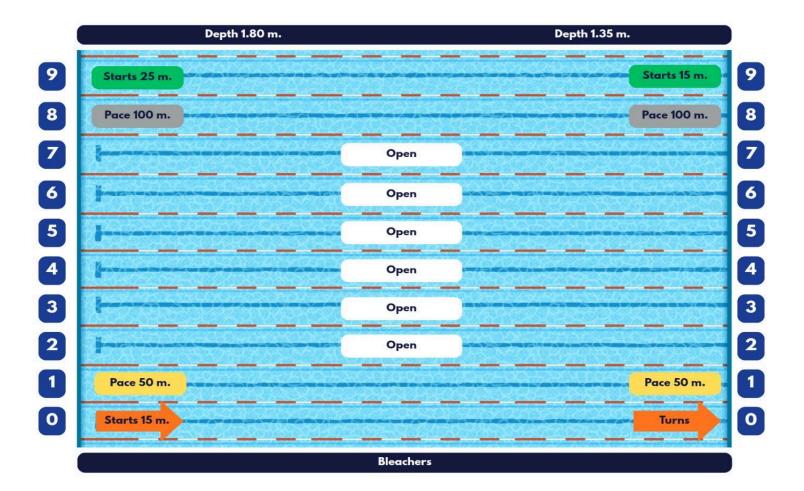


King's College International School Bangkok is delighted to welcome you to the King's Bangkok Swimming Cup, taking place at our Aquatics Centre this Friday through Sunday.

Please find the meet details below:

We will be running four warm-up sessions as outlined. All warm ups will be open warm ups. Teams are encouraged to use the designated lanes for starts, turns, pace work, and other specific preparations.

When swimmers need to exit the pool, please be mindful of other swimmers, and kindly remind swimmers not to sit on the lane ropes during warm up.



### **Meet Information - Friday PM**

Arrival: 4:00 pm (Please do not arrive too early, as parking and traffic will be very busy.)

Warm-up: 4:15 pm - 5:15 pm

Session Starts: 5:30 pm

Coach Meeting: There will be no coach meeting on Friday.

Seating: All swimmers and visitors will be seated on the bleachers inside the swimming pool area.

# **Saturday**

Arrival: 6:45–7:15 AM
Warm-up: 7:15–8:15 AM
Coaches' Meeting: 8:00 AM
Morning Session Starts: 8:30 AM
Lunch Break: 11:30 AM–12:30 PM

\*Pool will remain open for warm-up during the lunch break

Afternoon Session Starts: 12:30 PM

Finish: 3:30–4:10 PM (final time depends on event flow)

# **Sunday**

Arrival: 6:30–7:00 AM Warm-up: 7:00–7:45 AM Session Starts: 8:00 AM Lunch Break: 12:20–1:15 PM

\*Pool will remain open for warm-up during the lunch break

Finish: 4:00 PM

Presentation: 4:15-4:45 PM

### **Resting Areas For Teams And Spectators**

The teams will have allocated zones in the sports hall on Saturday and Sunday. Spectators are allowed at this event and will be seated in the bleachers to watch the races. We would ask that the swimmers bring their own mats to relax between races. Please do not wear high heels in the sports hall. Please see the Jotform link for details on the seating area.

## Rules/ regulations

- World Aquatics rules will apply, however. A false start will result in a DQ, and the race will continue.
- Protests can be submitted by a team coach. No parent should communicate with the officials or host staff.
- There will be a 30-minute time limit on protests, as per World Aquatics rules.
- Electronic timing will be used.
- TSA referees
- We have dive blocks at both sides of the pool, and our pool meets FINA standards.
- Swimmers are not permitted on the bleachers during the Saturday and Sunday sessions

#### **Meet Results**

The meet results can be found on the <u>Meet Mobile</u> phone application and the printouts in front of the sports hall. Please note that scoreboard results are not official.

### **Parking**

### Friday 21st

As it is a normal school day, onsite parking will be very limited. We recommend arriving at the suggested time and parking either in the outside lot or at King's Square Shopping Mall.

# **Saturday and Sunday**

Parking will be more accessible on both days. You may park at the following locations:

Aquatic Centre

King's Outside Car Park

King's Square Shopping Mall

I.C.C (additional parking available)

A shuttle service will operate continuously throughout the event, running between the I.C.C and the main entrance (located near the swimming pool).

#### **Vendors**

There will be vendors located on the ground floor throughout the meet, offering a wide selection of snacks, drinks, and food. Please note that no food or glass is allowed poolside or on the bleachers.

<u>Arena Sponsorship</u> Arena has kindly sponsored this meet. They will be setting up a booth in front of the Sports Hall, offering a range of products to support all your swimming needs throughout your swim journey.

### **Medical**

Should you or your child require assistance, medical staff will be onsite throughout the tournament. The medical station will be located next to the basketball courts, and our school nurses will also be available onsite. As a precautionary measure, an ambulance will be stationed on campus. Use of the ambulance will be at the discretion of a King's College staff member.

## **Safeguarding**

Before entering the campus you must complete the Visitor Access Form, which can be found on the link below. For all meet information please use this link to our page <u>Kings Bangkok Swimming Championships</u>.

We look forward to hosting your team this weekend.

Best regards, Coach Dan